

weekend at a glance

Friday, April 15

- 12:30pm - 2pm Registration
- PM classes
- EVE Concert
Rebecca Blair & Caroline Mackay

Saturday, April 16

- AM classes
- PM classes
- Afternoon Practice & Leisure time
3:30-5:30 pm
- EVE Ceilidh HARP Circle
(Please Note: Silver Hills is a no alcohol facility)

Sunday, April 17

- AM Classes
- Group Photos
- LUNCH
- Departure

SILVER HILLS RETREAT CENTRE

Silver Hills is a beautiful quiet spot in a pristine valley, about an hour east of Vernon. Phil and Elaine Brewer have created a sanctuary of grace and colour which entices the senses and rests the body and spirit. Their delicious gourmet vegetarian menu is renowned for its healthful benefits, and they teach classes throughout the year in restructuring one's lifestyle and cooking, both for healing and for maximizing human potential. Sauna, steam room, hot tub and exercise room are available for our use. Special Spa services can be booked in advance.

There are lovely springtime walks in the woods, 90 acres of nature trails, and a beautiful viewpoint which overlooks the river valley.

REGISTRATION COSTS

FULL WEEKEND PACKAGE

(includes vegetarian meals, accommodations and spa facilities!)

\$539. CDN - Double Room

\$599. CDN - Single Room

(All room selections are first-come, first served)
Workshop and Meals (w/o breakfasts) \$439. Cdn

Fees for this three-day Retreat and Immersion in the world of the Celtic Harp include tuition and music handouts, 2 nights' accommodation, all meals from Friday SUPPER through Sunday LUNCH, and a ticket to the Friday Evening Concert! We are free to take advantage of all the spa's facilities - sauna, steam room, hot tub and exercise room. Special spa treatments are available for an additional fee, and can be reserved ahead of time.

A **DEPOSIT** of \$225. CDN must accompany your registration form, and the remainder must be received **THREE** weeks prior to the start of classes.

The deposit, less an administrative fee of \$95. Cdn, will be refunded if you are unable to attend and notify us prior to **MARCH 25, 2016**. **No Refunds will be made once the Workshop has begun.**

Confirmation of your registration and deposit will be emailed to you. **Remainder of registration fee must be received by March 25, 2016.**

Contact Caroline Mackay
theharplady@shaw.ca

phone: (250) 768-0930

High Spirits Music & Harps

2475 Dobbin Road - Unit 22 - 523

West Kelowna, BC, Canada V4T 2E9

www.highspiritsmusic.com

High Spirits Music & Harps

17th Annual



the 2016 spring celtic harp workshop

Intermediate Level

Silver Hills, BC

April 15, 16, 17, 2016

Featuring

Rebecca Blair



REBECCA BLAIR

Rebecca's workshops sparkle with flair and energy, enhancing her special gift with Irish music.

Registration

NAME _____
Email _____
Address _____

Postal code _____
Phone _____

ROOMMATE NAME _____

Deposit of \$225. Cdn must accompany this form. Please make e-transfer to theharplady@shaw.ca

OR enclose cheque or money order payable to:

HIGH SPIRITS MUSIC & HARPS
2475 Dobbins Road - Unit 22 - 523
West Kelowna, BC, Canada V4T 2E9

Full Weekend Package

- Double Room \$539. Cdn
 Single Room \$599. Cdn
 Workshop and Meals (w/o breakfasts) \$439. Cdn

- Meals** are all delicious and beautiful Vegetarian and Vegan fare. Do you have any allergies?

Please describe _____

Note: Silver Hills is an alcohol free facility. Please respect.

- REQUEST for SPA treatment. Friday and Sunday only:**
\$65. Select one _____

Detox Wrap, Herbal Mud Wrap, Hot Stone Massage, Massage, Salt Glow, Foot Rejuvenation, Facial
See the website silverhills.ca for more information.

OFFICE

Deposit _____
Paid in Full _____



Rebecca Blair

Rebecca Blair's career as a harpist and teacher has been both rich and varied. She is active in the Vancouver folk music scene, performing around the lower mainland as both a soloist and with groups such as Triskellion. Rebecca works as a freelance musician, her audiences have included the President of Ireland and the International Bar Association. She has also applied her skills as a studio musician, her playing has been featured on CD's such as the Maenads, and Orra Chan by Teresa Doyle.

Rebecca's musical studies began in the classical realm with the clarinet, culminating in 1996 when she graduated with a Masters degree in performance and musicology from the University of Victoria. Since then, she has focused her interest on Celtic music and improvisation on the harp, attending many Celtic harp workshops all over North America and Ireland. Rebecca regularly gives harp workshops in Vancouver and at

Place des Arts in Coquitlam. Rebecca keeps a busy schedule of teaching and performing, as well as studying Irish dance. Visit her website at www.dancingharp.com.

Course Description:

Something Old, Something New, Something Borrowed, Something Blues.

This workshop will touch upon music from a wide span of eras – from a medieval melody and traditional Celtic tunes to a blues song. Rebecca will show how to evoke the distinct character from each of these musical styles.

Improvisational Bootcamp – Rebecca will make practicing fun by taking technical drills and applying them to improvisation.

Practice makes perfect – Satisfy the inner perfectionist by learning how to break down trouble spots in music into technical sound bites' the fingers can completely understand.

The Lone Arranger – Step by step Rebecca will show to how to create an entire piece from a melody. Starting with a simple accompaniment, she will make it sparkle with the additions of ornament, rhythm and texture.

Improv builder – Rebecca will provide some simple harmonic formulas on which to build new and interesting musical ideas including introductions and interludes.

From the Practice Room to the Stage– Get some insider tips for preparing for a concert and coping with those nervous butterflies.

CELTIC CEILIDH/ HARP CIRCLE:

is on Saturday evening again this year. The Dress-up Theme is **"The Royal Wedding"**, so find an outfit or accessorize... bring your friends, duo, trio and more, and a few prepared pieces to share, or a solo selection. Songs and other instruments are welcome, and costumes are encouraged!

PLEASE NOTE: REGISTRATION DEADLINE is March 25, 2016. (Silver Hills needs to know our final numbers by then!)

CAROLINE MACKAY will perform her own style of Celtic Harp & Song, and share the spotlight with Rebecca for several pieces. Caroline has traveled through North America, Europe and New Zealand with her harp in tow, and is known for her uplifting themes and rich vocals. She has developed 3 Levels of Canadian curriculum for Harp Studies, and many arrangements for ensembles.

Caroline Mackay

